

# Dear AAFA-STL Supporter:

The Asthma and Allergy Foundation of America, St. Louis Chapter (AAFA-STL) continued on an upward trajectory in 2016, reaching more individuals and schools in the community, and growing our programs and services geographically. With the guidance and leadership of a strong, diverse Board of Directors, a savvy and resourceful staff, a legion of community partners, and sustained corporate and individual supporters, AAFA-STL truly had a remarkable year.

Nationally, 1 in 10 kids has asthma, which translates to a staggering 14 million missed school days. Our RESCUE program (Resources for Every School Confronting Unexpected Emergencies) exists to ensure that kids with asthma are able to be treated in the school setting, resulting in fewer missed school days, ER visits, and hospital stays. In 2016, through this program, 229 area schools receiving asthma equipment. 85% of the kids who used this equipment (and asthma rescue medicine supplied by Beverly Hills Pharmacy), were able to return to the classroom after being treated by a school nurse or other trained professional at the school.

Through BREATH (Bridging Resources to Encourage Asthma Treatment and Health), AAFA-STL's flagship program, 1,813 asthma and allergy prescriptions were filled, 154 pieces of asthma equipment were provided, and 738 allergic bed encasings were supplied to client families last year – yet another incredible feat for the agency. The healthy homes and asthma education component of BREATH gives AAFA-STL's clients more support and a holistic approach to managing their asthma and allergies inside the home. In all, 517 children were served by BREATH.

Finally, AAFA-STL staff and committees continued to stay honed in on policy and advocacy issues affecting those we serve and the community at large, at the local, state, and national levels. In addition to this important work, the agency was able to reach nearly 3,955 people in the community through our outreach efforts, including health fairs, educational classes, and large community seminars.

This Annual Report will outline additional program outcomes, financial information, and valuable community partnerships. Thank you for taking a moment to review this information, and thank you for helping a child breathe easier!

Sincerely,

Sue Berdy, M.D.  
AAFA-STL Board President

## 2016 Annual Report



Asthma and Allergy  
Foundation of America®

ST. LOUIS CHAPTER

### Note from a Client

*"I was diagnosed with asthma 5 years ago and have always struggled with allergies. My mother and I always had a hard time paying for my expensive medications. When I began going to college at American University in Washington, D.C. and first lived on my own, about half of my bi-weekly check went straight to the pharmacy. Since I couldn't afford my medications I stopped taking them. As a result, I would have intense asthma attacks and my allergies were debilitating. I would have to miss class because I was so miserable and itchy.*

*I joined AAFA's BREATH program the following summer and I am so grateful. I have not had to worry about my meds for the last 2 years and my asthma and allergies have been extremely well-managed. Now, I am travelling to Jordan to study Arabic and intern with humanitarian causes for the summer. I am so happy I don't have to worry about keeping up with my meds while abroad because of AAFASTL. This program has truly been life-changing!"*

**-BREATH client**



Mission: The Asthma and Allergy Foundation of America, St. Louis Chapter serves those affected by asthma and allergies through education, support and resources.

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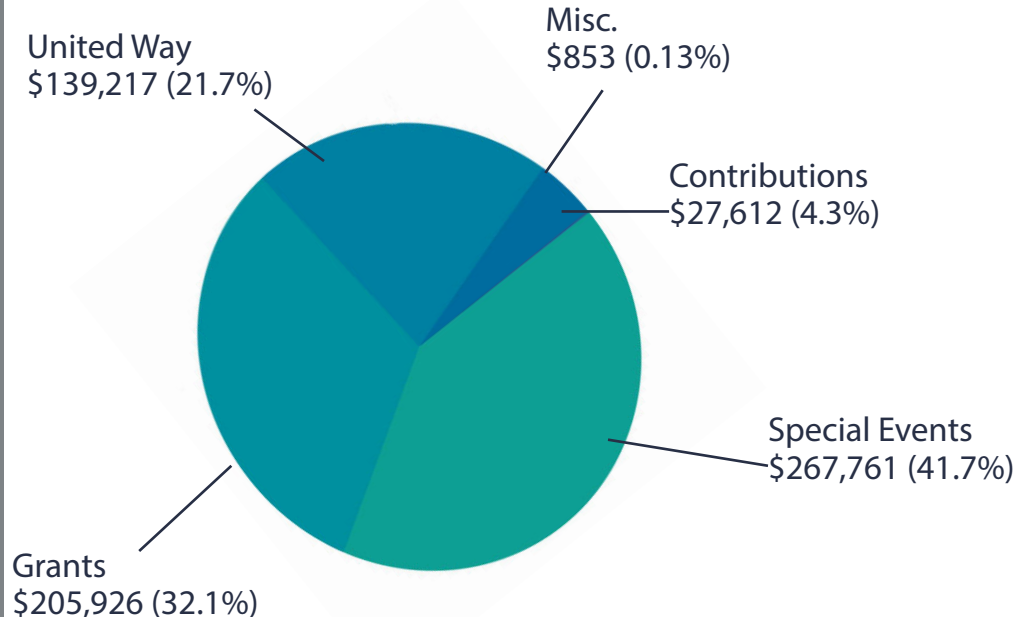
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# Thank you, community partners!

American Lung Association  
Asthma Ready Communities  
Legan Services of Eastern Missouri (LSEM),  
Advocates for Family Health  
Cardinal Glennon Health Care Center  
Cardinals Care Redbird Rookies Program  
Gateway FEAST  
Generate Health  
Kid Friendly Network (IL)  
Illinois Department of Public Health  
Illinois Asthma Partnership  
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Missouri Association of School Nurses  
Missouri Asthma Coalition  
Missouri Asthma Prevention & Control Program  
Missouri Department of Health & Senior  
Services  
Missouri Foundation for Health  
Missouri Primary Care Association  
Schnucks eScrip Program  
Smoke Free St. Louis City

Southeast Missouri State University's  
Center for Environmental Analysis  
Southwestern Illinois Asthma Coalition  
St. Louis Children's Hospital,  
Healthy Kids Express Asthma Program &  
Food Allergy Management and Education  
Program (FAME)  
Sierra Club, Missouri Chapter  
St. Louis City Department of Health  
St. Louis County Department of Health  
St. Louis Integrated Health Network  
St. Louis Regional Clean Air Coalition  
St. Louis Regional Health Commission  
St. Louis Lead Prevention Coalition  
St. Louis University  
Tobacco Free Missouri  
University of Missouri Health Systems  
University of Missouri-St. Louis, College of  
Nursing  
Washington University, Olin Business School

## 2016 Financials



**Total Revenue: \$641,369**

*"Your contribution makes a huge difference at my school. I am very thankful for the supplies to adequately take care of the kids at my school. I have treated over 22 students so far this year with the new nebulizer machine and supplies you have given me. I have given out over 20 spacers that have been donated in the past including those that you provided. You make a word of difference to the students at Froebel. A most genuine thank you to all of you. You are greatly appreciated. I look forward to working with you again in the future."*

*-St. Louis School Nurse*

# AAFA-STL

The Asthma and Allergy Foundation of America, St. Louis Chapter (AAFA-STL) serves those affected by asthma and allergies through education, support and resources.

Asthma is a chronic disease that affects your **LUNGS**



Asthma causes frequent periods of wheezing (a whistling sound when you breathe), chest tightness, shortness of breath, and coughing.

Nationally, **1 in 10** kids has asthma



In St. Louis, childhood asthma rates are **2x** the national average

Effective asthma care is expensive



2 in 5 uninsured people with asthma can not afford their prescription medicines

**\$154**

average monthly cost for preventative asthma medication- without insurance

In St. Louis, asthma is the **#1** reason:



children visit the ER



kids miss school



kids are hospitalized

## B.R.E.A.T.H.

Bridging Resources to Encourage Asthma Treatment and Health

AAFA-STL's comprehensive asthma and allergy management program provides prescription assistance, asthma equipment, education, and support to eligible children that are uninsured or underinsured.

### 2016 Program Results

## R.E.S.C.U.E.

Resources for Every School Confronting Unexpected Emergencies

AAFA-STL's school nurse asthma equipment program that provides school nurses the vital tools generally necessary during asthma emergencies.

**517** Children Served

**1,813**

Asthma and Allergy Prescriptions Filled

**738**

Allergic Bed Encasings Provided

**154**

Pieces of Asthma Equipment Provided

**68**

Percent of Clients Who Had Prescription Coverage Upon Exit

**229**

Schools Received Equipment

**70**

Nebulizer Machines

**1,035**

Nebulizer Attachments

**563**

Spacers

**85**

Percent of Kids Who Were Able to Return to the Classroom After Using a Piece of AAFA-STL Equipment



### 2012- HB1188 Passes in Missouri!

School nurses can stock asthma rescue medication. The medicine can be used on any child experiencing an asthma attack.

## AAFA-STL OUT IN THE COMMUNITY

**174**

Active Volunteers

**1,139**

Volunteer Hours



People reached through our community outreach efforts

**3,955**

Education Classes taught to School Nurses & Daycare Providers

**44**



# Thank you to the following corporations, foundations & organizations for their support!

Accenture, LLP  
AHC Consulting LLC  
Allergy Consultants  
Allergy, Asthma & Immunology Center  
Allergy, Asthma & Sinus Care Center  
AlphaGraphics of St. Louis  
Andrea's Gluten Free  
AT&T Corporation  
Babaloo  
Baker Family Trust  
Bank of America  
Banyan Communications  
Barnes Jewish Hospital  
BDO  
Beverly Hills Pharmacy  
BJC Health System  
Blues for Kids Foundation  
Bluetail Medical Group LLC  
Butler Family Foundation  
Cardinal Health Foundation Inc.  
Cardinals Care  
Central Allergy Care PC  
Clayton Sleep Institute  
Clean the Uniform Company  
Clifford Willard Gaylord Foundation  
Coldwell Banker Gundaker  
Combined Federal Campaign  
Conference Technologies  
Conner Ash  
Consumer Healthcare Products Association (CHPA)  
County Credit Union  
David's in Clayton  
Deloitte  
Drury Hotels  
Edelen Door & Window  
Edward & Thea Lawton Foundation  
EMD Consulting  
Emerson Charitable Trust  
Enjoy Life  
Episcopal Presbyterian Charitable Trust  
Esse Health Foundation

Express Scripts  
F&M Bank & Trust Company  
Failoni's Restaurant & Bar  
Freddie Lee's Gourmet Sauces  
Gabbit  
Gene Del Printing  
Genentech  
Gilmore & Bell, P.C.  
Glaxo Smith Kline  
Green Pines Elementary School  
Herman T. and Phenie R. Pott Foundation  
Hewlett-Packard  
IBM Employee Charitable Contribution Campaign  
Illinois Public Health Association, Inc. (IDPH)  
Insurance Source  
Jacob's Engineering  
Jefferson Memorial Community Foundation  
Johnson & Johnson Services Inc.  
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Michael D. Latta Trust  
Missouri Association of School Nurses  
Missouri Baptist Hospital  
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Mylan  
Napoli 2  
NISA Investment Advisors, LLC  
Norton Rose Fulbright US LLP  
Ophthalmology Associates  
Parallon  
Plaza Lexus

Prestige Pools & Spas  
Rothman Furniture  
SAIGH Foundation  
Saint Louis Center for Clinical Research  
Salon 116 8/40  
Sanofi-Aventis  
Scottrade  
Sigma-Aldrich Corporation  
Signature Medical Group  
Sinclair & Rush, Inc.  
SSM Health Cardinal Glennon Children's Hospital  
St. Louis Abbey-Priory School  
St. Louis Blues Hockey Club  
St. Louis Cardinals  
St. Louis Children's Hospital  
St. Louis Christmas Carols Association  
St. Louis Regional Health Commission  
St. Louis Suburban School Nurse Association  
St. Luke's Hospital  
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