

Dear AAFA-STL Supporter:

The Asthma and Allergy Foundation of America, St. Louis Chapter (AAFA-STL) continued on an upward trajectory in 2015, reaching more individuals and schools in the community, and growing our programs and services geographically. With the guidance and leadership of a strong, diverse Board of Directors, a savvy and resourceful staff, a legion of community partners, and sustained corporate and individual supporters, AAFA-STL truly had a remarkable year.

Nationally, 1 in 10 kids has asthma, which translates to a staggering 14 million missed school days. Our RESCUE program (Resources for Every School Confronting Unexpected Emergencies) exists to ensure that kids with asthma are able to be treated in the school setting, resulting in fewer missed school days, ER visits, and hospital stays. We saw a 35% increase in the schools served through this program in 2015, with 238 area schools receiving asthma equipment. 85% of the kids who used this equipment (and asthma rescue medicine supplied by Beverly Hills Pharmacy), were able to return to the classroom after being treated by a school nurse or other trained professional at the school.

Through BREATH (Bridging Resources to Encourage Asthma Treatment and Health), AAFA-STL's flagship program, 1881 asthma and allergy prescriptions were filled, 192 pieces of asthma equipment were provided, and 720 allergic bed encasings were supplied to client families last year – yet another incredible feat for the agency. The healthy homes and asthma education component of BREATH gives AAFA-STL's clients more support and a holistic approach to managing their asthma and allergies inside the home, and 19 client families received healthy home visits in 2015. In all, 584 children were served by BREATH.

Finally, AAFA-STL staff and committees continued to stay honed in on policy and advocacy issues affecting those we serve and the community at large, at the local, state, and national levels. In addition to this important work, the agency was able to reach nearly 3,100 people in the community through our outreach efforts, including health fairs, educational classes, and large community seminars.

This Annual Report will outline additional program outcomes, financial information, and valuable community partnerships. Thank you for taking a moment to review this information, and thank you for helping a child breathe easier!

Sincerely,

Sue Berdy, M.D.
AAFA-STL Board President

2015 Annual Report



Asthma and Allergy
Foundation of America®
ST. LOUIS CHAPTER

Note from a Client Family

My name is Mona Smith, mother of two beautiful daughters, Jenique and Monique. I am a single mother who lives in the city of St. Louis. My concerns started early with Jenique when she was very young - the asthma concerns started first and then came allergies and food allergies. At one point, she ended up in the hospital for almost a week during Christmas break with pneumonia. The social worker at the hospital told me about AAFA-STL's BREATH program, and how it could help with some of the cost of prescriptions. I contacted AAFA-STL and they sent out the paperwork for me to complete, and the process was easy after that. With the help of AAFA-STL, I didn't have to worry about putting something off to pay the copays to make sure I got her prescriptions.

My oldest daughter Monique already had allergies year-round, and she was later diagnosed with asthma after she was rushed to the hospital for shortness of breath. The process for Monique to enroll in BREATH wasn't hard because my youngest daughter was already enrolled. My kids and I have been on a journey, but we are strong and with the help of AAFA-STL, everyone and everything is even better. I am very grateful for all the help AAFA-STL has given my family.

-Mona Smith, Client Mother



Mission: The Asthma and Allergy Foundation of America, St. Louis Chapter serves those affected by asthma and allergies through education, support and resources.

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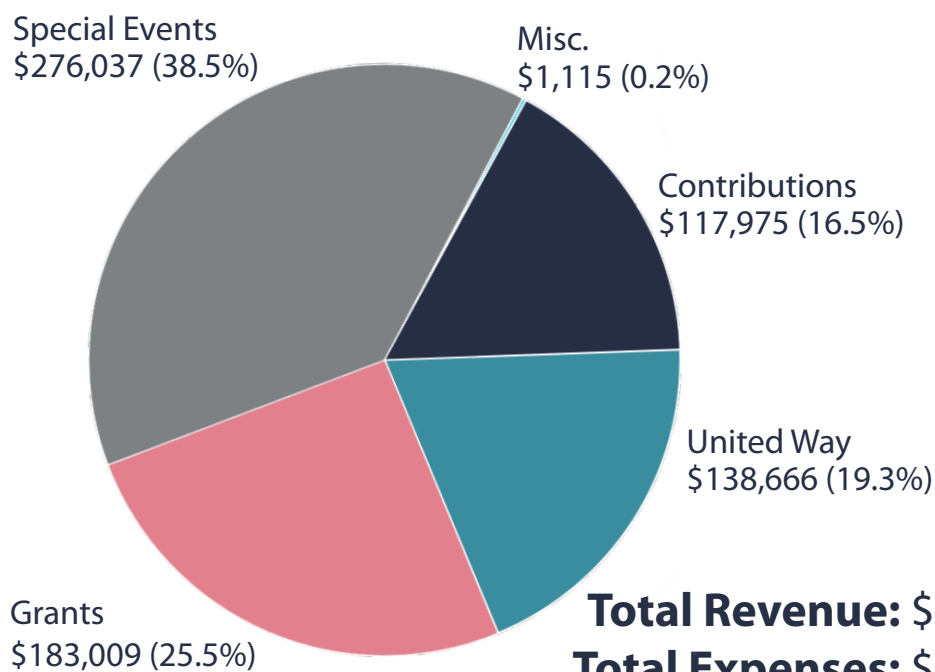
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Southwestern Illinois Asthma Coalition
St. Louis Children's Hospital,
Healthy Kids Express Asthma Program &
Food Allergy Management and Education
Program (FAME)
St. Louis County Department of Health
St. Louis Integrated Health Network
St. Louis Regional Clean Air Coalition
St. Louis Regional Health Commission
St. Louis Lead Prevention Coalition
Tobacco Free Missouri
University of Missouri Health Systems

2015 Financials



"Working at St. Louis Children's Hospital has provided me the opportunity to directly work with families who have barriers to getting their children their asthma medication. **Asthma and Allergy Foundation's BREATH program saves children's lives.** When families are first told about the BREATH program, they are completely shocked that someone is willing to help in such a monumental way. When the families understand how we are trying to help them, I have seen how it strengthens their resolve."

-Melissa Korenblat-Hanin, ACSW, LCSW
St. Louis Children's Hospital

AAFA-STL



The Asthma and Allergy Foundation of America, St. Louis Chapter (AAFA-STL) serves those affected by asthma and allergies through education, support and resources.

The Facts:

Asthma is a chronic disease that affects your **LUNGS**.



Asthma causes frequent periods of wheezing (a whistling sound when you breathe), chest tightness, shortness of breath, and coughing.

Nationally, 1 in 10 kids has asthma



14 million missed school days

Effective asthma care is expensive



2 in 5 uninsured people with asthma can not afford their prescription medicines

\$154

average monthly cost for preventative asthma medication - without insurance

Asthma in St. Louis



childhood asthma rates are **2x** the national average

In St. Louis, asthma is the #1 reason...

#1



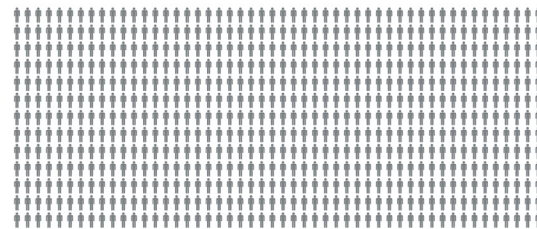
children visit the ER
kids miss school
kids are hospitalized

2015 Program Results

B.R.E.A.T.H

Bridging Resources to Encourage Asthma Treatment and Health

AAFA-STL's comprehensive asthma and allergy management program provides prescription assistance, asthma equipment, education, and support to eligible children that are uninsured or underinsured.



584 Kids Served!

1881

Asthma and Allergy Prescriptions Filled

720

Allergic Bed Encasings Provided

192

Pieces of Asthma Equipment Provided

37

Referrals to Other Social Service Agencies in St. Louis

65

Percent of Clients Who Had Prescription Coverage Upon Exit

2012 - HB1188 Passes in Missouri!



School nurses can stock asthma rescue medication. The medicine can be used on any child experiencing an asthma attack.



R.E.S.C.U.E.

Resources for Every School Confronting Unexpected Emergencies

AAFA-STL's school nurse asthma equipment program that provides school nurses the vital tools generally necessary during asthma emergencies.

AAFA-STL's R.E.S.C.U.E. Program Grows in 2015!

238

Schools Received Equipment

1149

Nebulizer Attachments

120

Nebulizer Machines

626

Spacers

85

Percent of Kids Who Were Able to Return to the Classroom After Using a Piece of AAFA-STL Equipment

148

Active Volunteers

AAFA-STL Out in the Community

St. Louis Children's Hospital - Cardinal Glennon Hospital - United Way of Greater St. Louis - Healthy Kids Express - Gateway FEAST - Asthma Coalition Members - Variety: A Children's Charity -

1083

Volunteer Hours

COMMUNITY PARTNERS

People reached through our community outreach efforts

3,099

Education Classes Taught to School Nurses & Daycare Providers

22

Thank you to the following corporations, foundations & organizations for their support!

100+ Project
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Allergy, Asthma & Sinus Care Center
Allergy Consultants
Ameren
Anheuser-Busch
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