



Asthma and Allergy  
Foundation of America®  
*ST. LOUIS CHAPTER*

## **May is Asthma & Allergy Awareness Month!**

Dine from the special allergy-free menu @ Modesto Tapas Bar & Restaurant May 1-31 and a portion of menu sales will support the life-saving programs that the Asthma and Allergy Foundation of America, St. Louis Chapter provides to the St. Louis community and beyond! Visit [aafastl.org](http://aafastl.org) or call 314-645-2422 for more info on AAFA-STL.

**All dishes are shellfish, dairy, soy, nut, and gluten-free.  
Look for some other menu items later in May!**

### **Ensalada de Espárragos**

Grilled asparagus salad, chickpeas, roasted peppers,  
red radish, quince vinaigrette

### **Flaminquin de Pollo**

Spinach and golden raisin stuffed chicken, pedro ximénez sauce

### **Brochetas de Ternera**

Grilled veal grill skewers, saffron sauce

### **Salmón Ensebollado**

Pan-seared salmon, grilled scallion,  
garlic sauce

### **Pastel de Chocolate**

Chocolate cake with strawberry sauce

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# **Modesto**

TAPAS BAR & RESTAURANT

5257 SHAW AVENUE | STL, MO 63110  
LOCATED ON THE HILL

(314) 772-8272

[modestotapas.com](http://modestotapas.com)

M-Th, 5-9:30 pm | Fri-Sat, 5-10:30 pm